

Tuesday, September 15, 2020

11:15 AM

*or immediately following the regular board meeting*

*Meeting to be held in the County Board Room via teleconference,  
hosted at the Historic Courthouse, 215 1st Ave S, Long Prairie, MN.*

**PUBLIC WILL NOT BE ALLOWED TO ATTEND IN PERSON.**

**MEETING WILL BE LIVE-STREAMED AT: [HTTPS://WWW.CO.TODD.MN.US](https://www.co.todd.mn.us)**

*Agenda Item #*

*Agenda Time:*

- |   |       |
|---|-------|
| <b>1 NFP Presentation</b><br><i>Samantha Cofell &amp; Lisa Vasilj</i>   | 11:15 |
| <b>2 Long Prairie 1W1P Update and Policy Committee Discussion</b><br><i>Adam Ossefoort, SWCD/PZ Division Director</i> | 11:30 |
| <b>3 2020 P&amp;Z Ordinance Violations Assessments</b><br><i>Adam Ossefoort, SWCD/PZ Division Director</i>            | 11:35 |

# Nurse Family Partnership Update

09/2020

Lisa Vasilj, MSN RN PHN

## Morrison, Todd, Wadena, Cass



# NURSE FAMILY PARTNERSHIP OVERVIEW

Evidence Based Home Visiting Program, for 1<sup>st</sup> time mothers, starting before 28 weeks gestation and continuing through the child's 2<sup>nd</sup> birthday. Public Health Nurses focus on high risk families helping to reduce preterm birth, decrease tobacco use, screen for mental health and intimate partner violence, and improve socio-economic status of the families we work with.

What will I cover today: NFP Data from 1/1/19-8/21/20



# INTRODUCTION OF PROGRAM

NFP has been offered in Morrison and Todd Counties since 2010 - Cass and Wadena Counties since 2013.



# LOCAL-4 COUNTY DATA

## Referrals to NFP:

We have had **109 eligible** referrals

Sources: WIC, local OB/GYN and family practice, hospitals

## How many referrals voluntarily joined NFP?

Our team: **56% of eligible referrals accepted services**

MN: **47%**

National: **36%**

## Current Caseloads

Todd: 15                      1 FT nurse

Morrison: 17                2PT nurses

Wadena: 10                1 PT nurse

Cass: 14                     1 PT nurse



# High Risk Households

- 1.89% admit to using alcohol
- 3.77% admit to drug use
- 18.87% use tobacco
- 25% asthma/chronic respiratory illness
- 30% obesity
- 22.73% no high school diploma/GED
- 41.67% mental health diagnosis
- 69.7% unmarried



# Team Challenges

- Todd county new nurse 4/2019
- Morrison County new nurse 6/19
- New team supervisor 10/19
- Morrison County new nurse 11/19
- FLO-new data entry system 11/19
- IHVE-new MDH data collection 1/20
- COVID-19- 3/2020
  - Working from home, exclusive telehealth recommended by NSO



# Local 4-County Data Success

- Families served: 107 mothers, 78 children
- 1512 visits including 462 telehealth visits
- Breastfeeding initiation 81.9%
  - C-section, medications, IPV, and hx of trauma often affect breastfeeding success

Cass & Wadena worked on breastfeeding CQI for MIECHV grant, shared improvement efforts with entire team: trained all nurses in lactation support, increased conversations with clients, continual education and support through pregnancy and post partum, assisted clients with BF “back to work plan”, developed resource handouts and gift bags for clients





# Cont'd Success

## Developmental Screening-ASQ

- 100% of children are regularly screened for developmental delay so appropriate referrals may be made in a timely manner

## Mental Health Screening

- 100% of mothers are screened for depression and anxiety on a regular basis through pregnancy and 1<sup>st</sup> year of motherhood

## Intimate Partner Violence

- Mothers are screened for intimate partner violence whenever safe to do so. Healthy relationships are discussed and promoted routinely



# CONT'D SUCCESS OF NFP FAMILIES

## Subsequent Pregnancy

**Only 1** local NFP clients had a subsequent pregnancy reported at **6 months**.

**Local: 0.9%**

**MN: 2.2% Nat'l: 3.6%**

**Three clients** reported a second pregnancy at 12 months.

**Local: 11%**

**MN: 12.3% Nat'l: 11%**

## WORKFORCE

Clients who are employed at 6 months, and 18 months is consistently higher than the state and national average. At 24 months, when we graduate families from the program, **55.6%** of clients over the age of 18 are working.

## Food/Home Secure

No clients reporting homelessness or being unable to feed family



# ACTION PLAN/NEXT STEPS

NFP contract will end Nov. 1, 2020

All nurses in the 4 counties will train and transition to MECSH- Maternal Early Childhood Sustained Home-Visiting, also an evidence based home visiting model.

Eligibility criteria for families less restrictive-more families can be served. Visit guidance relies on nurses' clinical judgement vs. prescriptive rules. Third party reimbursement equal to NFP.

Continued outreach to referral sites utilizing new model materials

The Family Home Visiting teams in Cass, Todd, Wadena, and Morrison thank you for your continued support in the work that we do serving high risk mothers and children.

