

# Adult Hospital Gown Pattern

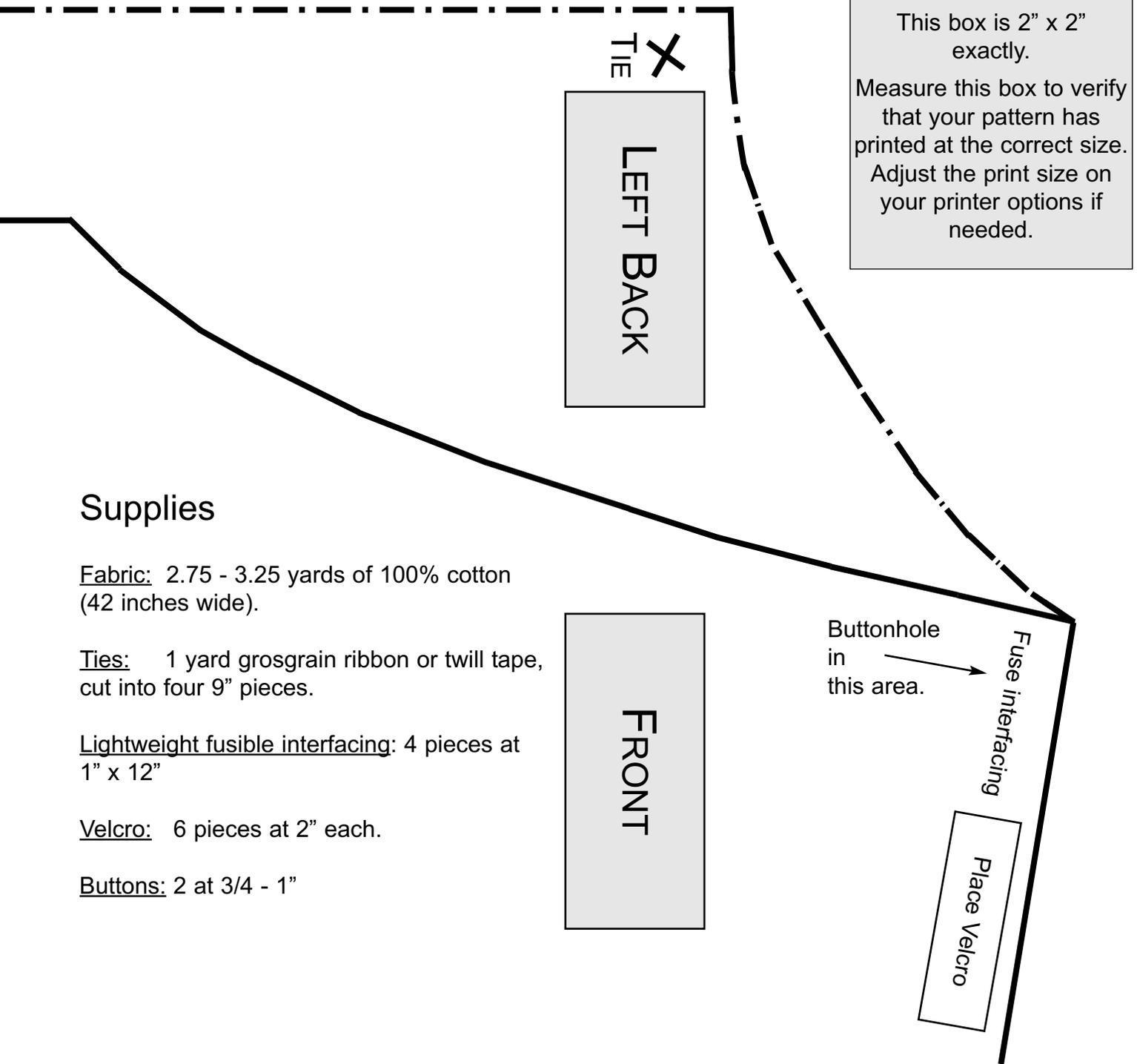
Creations SewClever and Lazy Girl Designs

Make sure this prints at the correct size (100%, no 'scaling') by measuring the 2" square below on this page. Arrange and tape together the 10 pattern pages according to the guide on page 2. Each sheet should touch each other at the edges - do not overlap pages. After assembling, connect the lines where they did not print in the margins of the individual pages. Lengthen or shorten as needed on 'Lengthen or Shorten' line.

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## Supplies

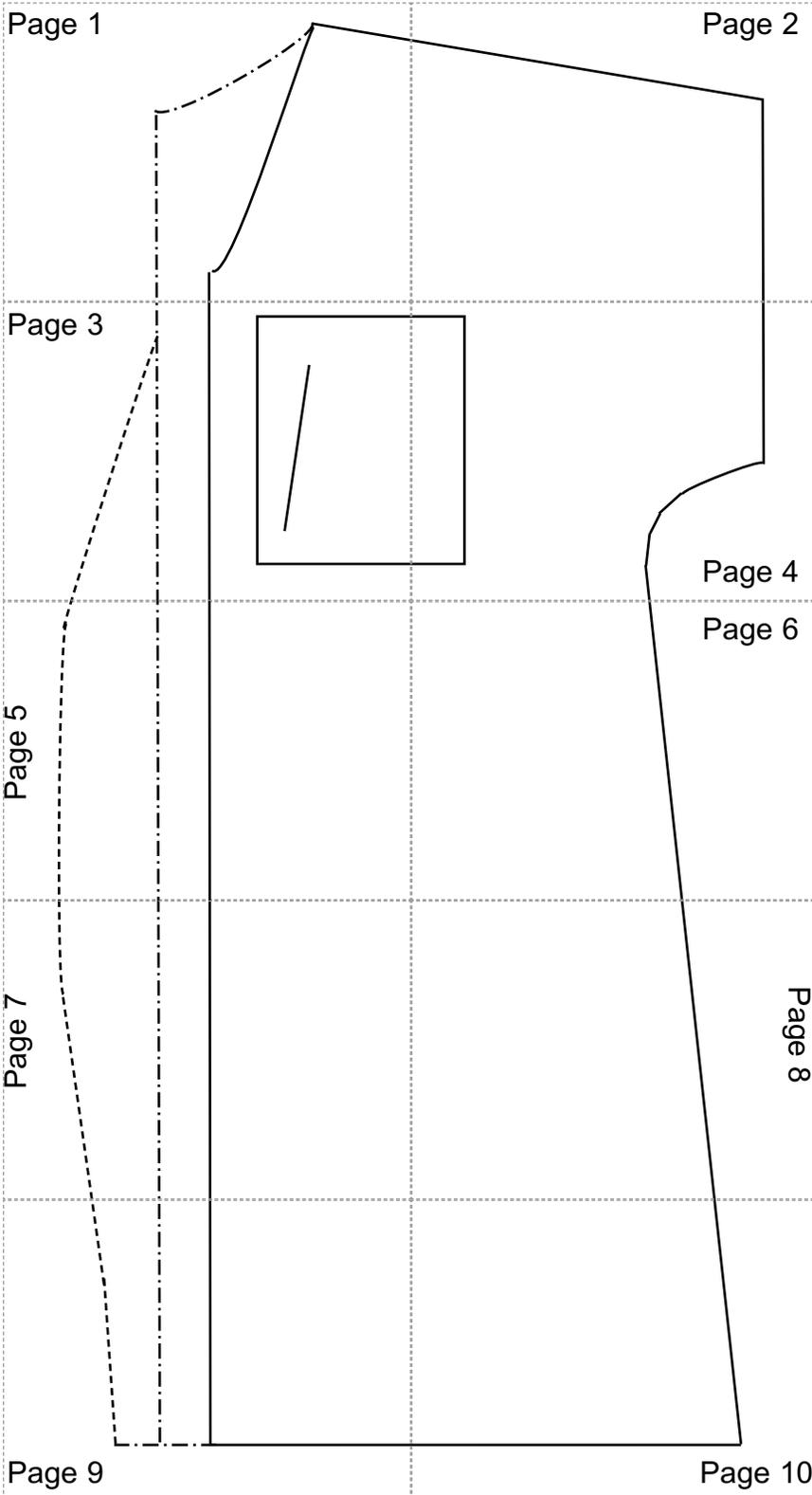
Fabric: 2.75 - 3.25 yards of 100% cotton (42 inches wide).

Ties: 1 yard grosgrain ribbon or twill tape, cut into four 9" pieces.

Lightweight fusible interfacing: 4 pieces at 1" x 12"

Velcro: 6 pieces at 2" each.

Buttons: 2 at 3/4 - 1"



Page 2  
This side up

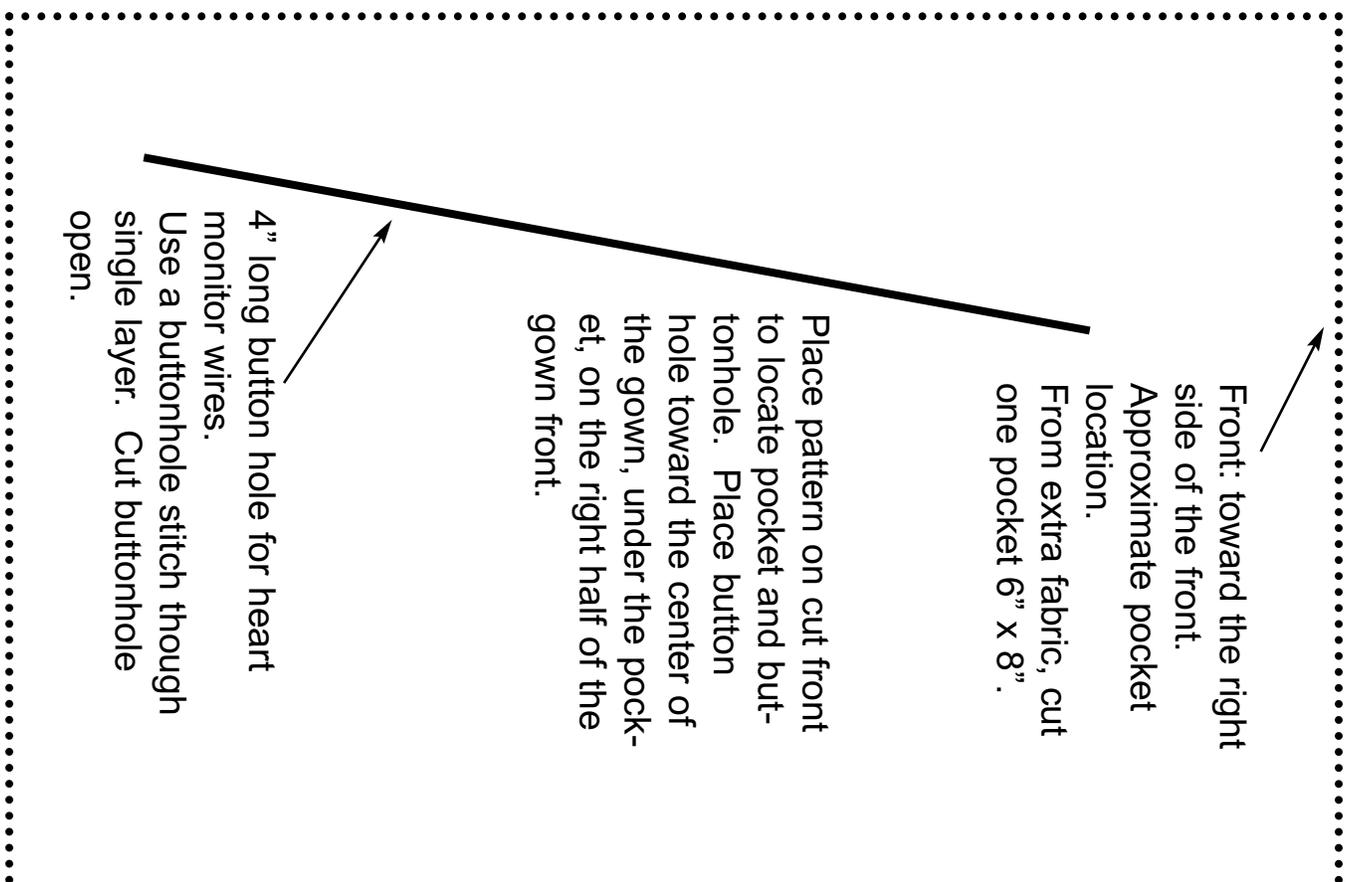
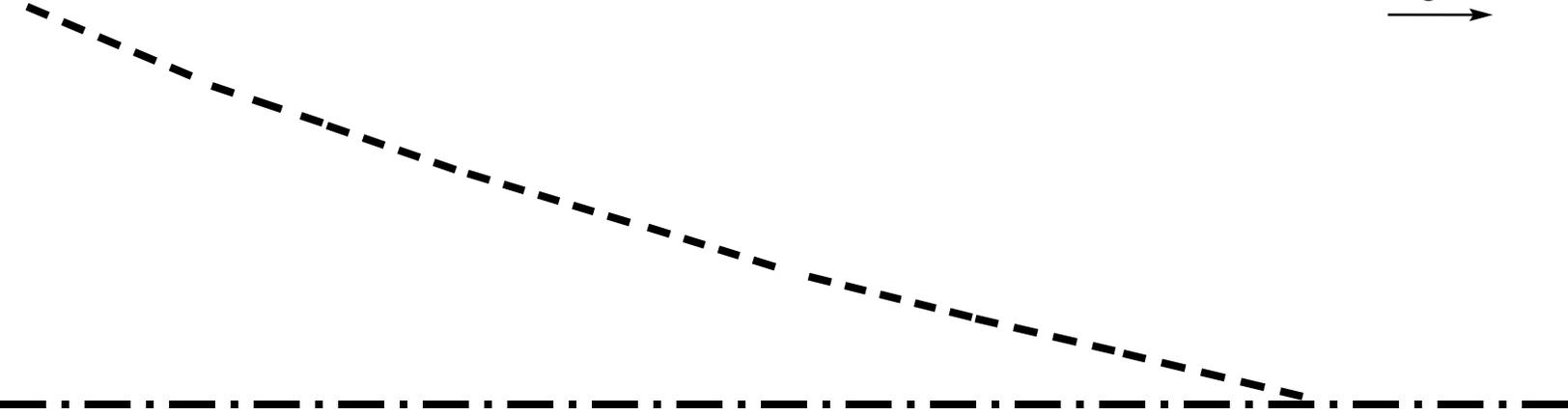
Place Velcro

Fuse  
interfacing

Place Velcro

Fuse  
interfacing

Pattern Guide: Tape the 10 pattern pages together as shown here. Match edges of the pages, do not overlap.



Front: toward the right side of the front.

Approximate pocket location.

From extra fabric, cut one pocket 6" x 8".

Place pattern on cut front to locate pocket and buttonhole. Place button hole toward the center of the gown, under the pocket, on the right half of the gown front.

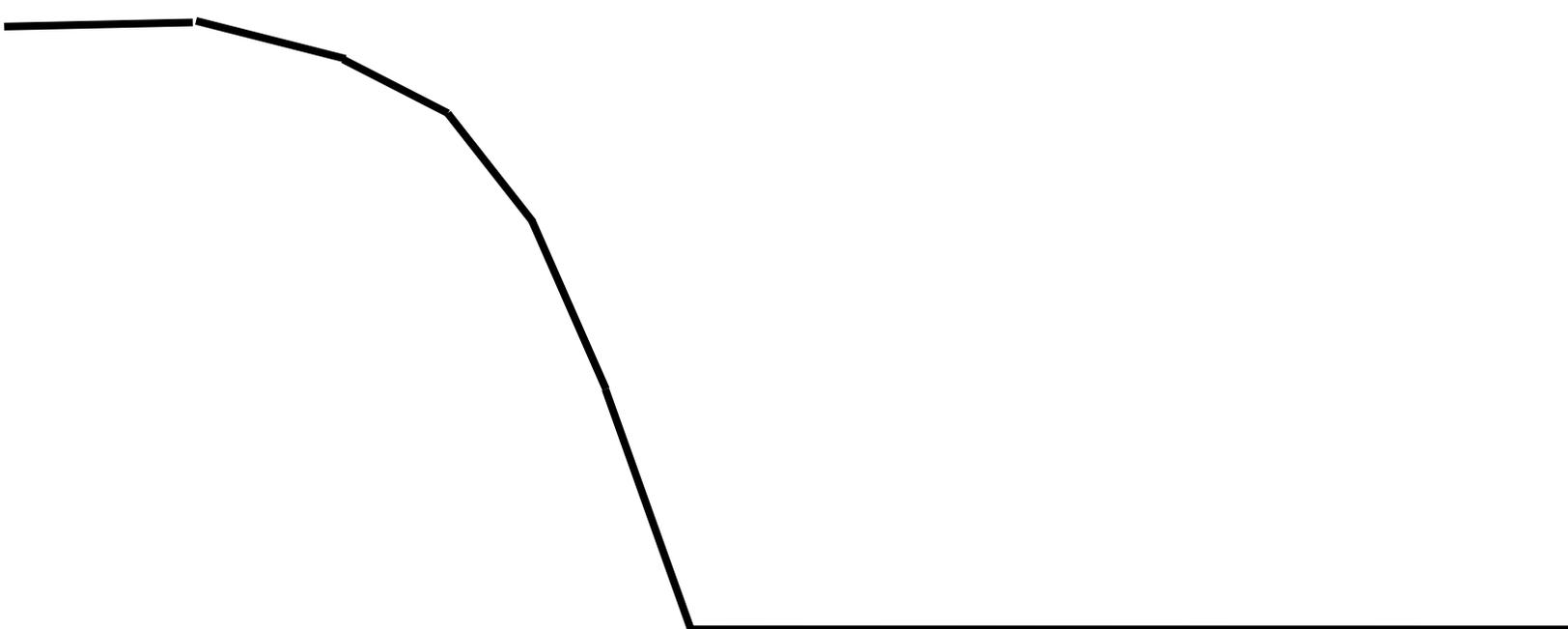
4" long button hole for heart monitor wires.

Use a buttonhole stitch through single layer. Cut buttonhole open.

## About the pattern:

All three pieces needed to make the gown are stacked on top of each other. They have the same bottom edge, side edge, sleeve, and shoulder. The neckline is different in the front and back. The two back pieces have different edges where they will overlap at the center back on the final gown. To use, fold the pattern piece on the line between the pieces to cut each part of the gown. For instance, fold between the Front and Left Back to cut a Front piece.

Then fold the pattern at the line between the Right Back and Left Back to cut for the Right Back. Then use the entire piece to cut for the Left Back. Tip, put a piece of clear tape on the neckline of the Front. Then cut along the neckline to create a flap to separate the Front from the Left Back, rather than trying to fold on the curved neckline.



**X** RIGHT BACK TIE

**Right Back**

Cut one from single layer of fabric.



**Left Back**

Cut one from single layer of fabric.



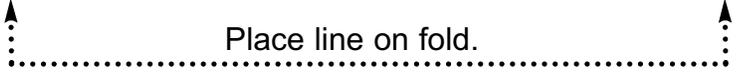
**Front**

Cut one from folded fabric. Fold fabric in half, place line on folded edge.



**X** LEFT BACK TIE

Place line on fold.



## Cutting Directions

Work with fabric right off the bolt, or wash, press and fold with selvages together just as it was before you washed it.

### Options:

- Cut one front, one back left and one back right.
- Cut one front and two mirror image right backs for a bit larger gown or to get extra coverage in the back.
- Cut one front and two mirror image left backs for smaller size.
- Add 3-6" to length of gown for adults taller than 5' 6".

NOTE: If cutting two of the same back pieces, make sure they are cut from fabric folded with wrong sides together to get mirror images, then use one for the left and one for the right.

### Directions:

Cut away all the non-pattern paper - around the outside edge.  
Cut for right back through two layers, wrong sides together.  
Re-cut one right back for left back if you desire narrower left back.  
Fold under right back and left back information on the pattern piece, place edge of front piece on fold of remaining fabric and cut one from double layer for front.  
Cut one pocket at 6" W x 8" H from remaining fabric.



FRONT, LEFT BACK, RIGHT  
BACK SIDE EDGE

## Lengthen or shorten using

### this line.

The finished gown is approximately 38" from shoulder at the neck to bottom hem. Recommended: if taller than 5' 6", lengthen 3-6".

To lengthen, cut across pattern, add length needed. Fill empty space with a blank piece of paper. Align the cut line using a ruler, then tape to secure.

To shorten, fold pattern taking out needed amount, match line after folding.

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Lengthen or Shorten



## Assembly Directions:

- 1) Assemble pattern pages and lengthen or shorten pattern on 'Lengthen or Shorten' line if needed. Finished pattern is approximately 38" from shoulder at neck to hem. For adults taller than 5' 6", add 3-6" length. Cut gown pieces from fabric.
- 2) Press 1" fusible interfacing to wrong sides of 4 shoulder seams.
- 3) Serge/zig zag raw edges of shoulder seam. Turn under and stitch along finished edge.
- 4) Make button hole near neckline on right and left shoulders, through interfaced shoulder. Sew button in place on right and left back to match buttonholes.
- 5) Evenly space and stitch Velcro pieces along remaining shoulder seams. Sew soft half to underside of gown front. Sew rough half to top side of back pieces.
- 6) Serge neckline front, neckline back and back opening on both back pieces.
- 7) Turn under each neckline and stitch in place. Fold back edges under and stitch.
- 8) Cut 6" x 8" pocket from extra fabric. Fold under side, bottom edges, press. Fold under 1/4" of top edge and press then fold under 1/2" and press. Add optional buttonhole for heart monitor and then add pocket.
- 9) Serge/zig zag front to back at side seams from edge of sleeve to bottom hem.
- 10) Serge/zig zag bottom and sleeve edges. Turn 1" under for hem and stitch in place.
- 11) Locate and stitch ties at back neckline and center back.

Lengthen or Shorten

RIGHT BACK

LEFT BACK

FRONT

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Lazy Girl Designs  
[www.LazyGirlDesigns.com](http://www.LazyGirlDesigns.com)

# SUSIE'S STORY

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March 2005 - This gown was designed for my friend, Suzanne Stiving, from Chillicothe, Ohio.

She walked into the quilt shop with a smile upon her face.  
We spoke, she asked some questions, then she strolled around the place.  
She finished shopping, chatted briefly, headed toward the door,  
Then turned and said, "How 'bout we take a journey to the shore?"  
Apparently I looked as if I held on by a thread.  
After hearing that proposal, "Hooo-boy, sure!" was all I said.  
That was the start of friendship....more a sisterhood, in fact.  
After our trip to Hilton Head there was no going back.  
We were bonded through shared vision, looked at life with the same eyes.  
Seemed we'd known each other always, friends through "lows" and friends through "highs".  
The years passed quickly, memories built, our families joined as one.  
We shared vacations, holidays, the "theme" was always fun!  
Eventually when she retired, she joined our quilt shop staff,  
We always knew when she was there... 'twas her delightful laugh!  
She began to make excuses when our "girlfriend days" were planned.  
Fatigue and aching plagued her, and it bothered her to stand.  
Doctor visits, medication.....nothing seemed to change.  
This illness that continued made doctors say "how strange."  
Finally they performed the test that filled in the last blank....  
LEUKEMIA was what it said. My heart stopped. Then it sank.  
Her life no longer was her own, this journey changed its course.  
Chemo and its side-effects grabbed hold of her in force.  
When one you love is hurting you'll do anything you can  
To make the journey easier through unfamiliar land.  
Quilting is her passion, fabrics simply make her melt.  
Because we share this little quirk, I knew just how she felt!  
I began to make her cheery gowns to brighten life a bit.  
They made her smile, like a hug....and best of all, they fit!  
There are lots of other ways to help a loved one cope,  
Most of all what you can do is offer them some HOPE.  
When leukemia is cured we'll have our celebration!

If you lengthen or shorten, the side edge will have a gap. Use your best judgement to re-create the line for a smooth edge.