

**Morrison-Todd-Wadena Community Health Board
Community Health Improvement Plan – Positive & Nurturing Parenting
(January 2020-December 2024)**

<u>Positive & Nurturing Parenting Action Plan</u>			
Goal: To promote stable and engaged parents which reduces the likelihood of Adverse Childhood Experiences and childhood trauma.			
Objective 1: By December 2020, update protocols for depression screening and follow up for women of reproductive age within maternal child health visits, clinics and programs.			
Activities	Target Date	Partners	Process Measures
1.1 MCH staff will review current protocols for depression screening, intervals for completion and follow-up for women of reproductive age.	Feb, 2020	MCH staff	- Current protocols reviewed
1.2 Implement new protocol for depression screening as recommended by MDH & CDC	May, 2020	MCH staff	- New protocol incorporated into MCH procedures
1.3 MCH staff will identify process for inputting depression screens and track results	June, 2020	MCH staff	- PH-Doc depression screens are entered within one week after completion of home visit
1.4 MCH supervisors will work collaboratively with healthcare and community partners to ensure all women of reproductive age are receiving depression screenings regularly and timely	Dec, 2020	Healthcare, pregnancy resource centers, family planning clinic	- Number of meetings with partners - Number of partners updating depression screening protocols
1.5 MCH staff will identify missing opportunities for conducting follow-up depression screens and referrals.	Ongoing	MCH staff	- PH-Doc data gathered quarterly to track progress
Objective 2: By June 2020, implement the Mothers and Babies (MB) program within maternal child health visits, clinics and programs.			
Activities	Target Date	Partners	Process Measures

2.1 Each public health department will determine target clients to offer the MB curriculum.	Feb, 2020	MB trained staff	- Protocol created for identifying appropriate clients
2.2 Determine effective and appropriate evaluation tools to gather pre/post data on MB participants	Feb, 2020	MB trained staff	- Pre/Post participant evaluation tools identified
2.3 Clients will be offered the MB program at MCH visits if their initial depression screen scores 10 or higher.	Mar, 2020-ongoing	MB trained staff	- Number of clients offered MB program
2.4 MCH nurses will track the number of sessions provided to each client and complete a post-depression screen	Mar, 2020-ongoing	MB trained staff	- Number of average sessions completed by each MB client
2.5 Group sessions will be set up based on capacity and interest by appropriate clients	June, 2021	Health care systems,	- Number of MB group sessions completed
2.6 Each public health department will contact MB trainers 2-3 times for follow up consults via phone.	Dec, 2020	Northwestern University trainers	- Number of counties completing 2 follow up calls with trainers
Objective 3: By December 2022, increase evidence-based prevention programming in coordination with the Family First Act to reduce out-of-home placements.			
Activities	Target Date	Partners	Process Measures
3.1 Collaborate with Social Services to identify effective evidence-based prevention programming currently available and potential new programming to pilot	Dec, 2020	DHS, Social Services leadership	- Number of meetings - Number of meeting participants
3.2 Identify additional resources needed to implement evidence based programming across MTW effectively and to scale as needed	Dec, 2020	Visitation centers, parent educators, MCH nurses	- Number of external partners able to implement programming - Number of staff in house able to implement programming
3.3 Identify funding opportunities to increase the number of staff and partners trained in evidence-based programming	July, 2021	Sourcewell, DHS, local foundations	- Number of grants awarded - Number of staff trained

3.4 Pilot and implement evidence-based prevention programming	Dec, 2021	Visitation centers, parent educators, MCH nurses	<ul style="list-style-type: none"> - Number of classes offered - Number of participants completing at least 80% of programming
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Positive & Nurturing Parenting Performance Measures						
Short Term Indicators	Source	Frequency	BASELINE		FUTURE	
			2018	2019	2020	2021
Number of MCH clients of reproductive age receiving depression screening	PH-Doc, completed PHQ9	Annually	323			
Point change in pre/post PHQ-9 score for MB clients	MB program eval.	Quarterly	--	--		
Point change in pre/post education, as provided by evidence-based prevention programming evaluation	TBD	Quarterly	--	--		
Long Term Indicators	Source	Frequency	BASELINE		FUTURE	
			2018	2019	2020	2021
Number of children (under age 18) in out-of-home placement	DHS Child Welfare Data Dashboard	Annually	M- 104 T- 93 W- 103			
Child rate per 1,000 in out-of-home placement	DHS Child Welfare Data Dashboard	Annually	M- 13.4 T- 15.9 W- 29.8			
Number of child maltreatment reports	DHS Child Welfare Data Dashboard	Annually	M- 629 T- 510 W- 636			
Percent of child maltreatment reports screened in	DHS Child Welfare Data Dashboard	Annually	M- 19.4% T- 28.8% W- 44.2%			