## TODD COUNTY AND AREA RESOURCES

### EMERGENCY

<table>
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<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Website</th>
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<tr>
<td>Bridges of Hope – Crisis Nursery</td>
<td>(888)750-7682</td>
<td><a href="http://www.bridgesofhopemn.org">www.bridgesofhopemn.org</a></td>
</tr>
<tr>
<td>Central MN Sexual Assault Center</td>
<td>(800)237-5090</td>
<td><a href="http://www.cmsac.org">www.cmsac.org</a></td>
</tr>
<tr>
<td>Child Help USA Child Abuse Hotline</td>
<td>(800)422-4453</td>
<td><a href="http://www.childhelp.org">www.childhelp.org</a></td>
</tr>
<tr>
<td>Coalition for Battered Women</td>
<td>(800)289-6177</td>
<td><a href="http://www.mcbw.org">www.mcbw.org</a></td>
</tr>
<tr>
<td>Crisis Line and Referral Service</td>
<td>(800)462-5525</td>
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<tr>
<td>Freshwater Drug and Violence Prevention Council</td>
<td>(218)894-2439</td>
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<tr>
<td>Hands of Hope Crisis Line 24 Hour</td>
<td>(800)682-4547</td>
<td><a href="http://www.handsofope.net">www.handsofope.net</a></td>
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<tr>
<td>Hands of Hope (Morrison)</td>
<td>(800)296-1657(320)632-1657</td>
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<td>Hands of Hope (Todd)</td>
<td>(888)732-2319(320)732-2319</td>
<td><a href="http://www.handsofope.net">www.handsofope.net</a></td>
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<tr>
<td>Mid-Minnesota Women’s Center (Collect Calls Accepted)</td>
<td>(218)828-1216</td>
<td><a href="http://www.mmmwomctr@brainerd.net">www.mmmwomctr@brainerd.net</a></td>
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<tr>
<td>Minnesota Coalition for Battered Women</td>
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<td><a href="http://www.mcbw.org">www.mcbw.org</a></td>
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<tr>
<td>National Center for Missing and Exploited Children</td>
<td>(800)843-5678</td>
<td><a href="http://www.missingkids.com">www.missingkids.com</a></td>
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<tr>
<td>National Runaway Safeline</td>
<td>(800)786-2929</td>
<td><a href="http://www.1800runaway.org">www.1800runaway.org</a></td>
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<tr>
<td>Northern Pines - Long Prairie</td>
<td>(320)732-6602</td>
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<tr>
<td>Todd County Sheriff’s Dept. (Non-emergency)</td>
<td>(320)732-2157</td>
<td><a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a></td>
</tr>
<tr>
<td>Todd County Health and Human Services</td>
<td>(888)838-4066(320)732-4500</td>
<td><a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a></td>
</tr>
<tr>
<td>Vulnerable Adult</td>
<td>(888)838-4066(320)732-4500</td>
<td><a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a></td>
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<tr>
<td>Wings Family Supportive Services</td>
<td>(320)763-6638</td>
<td><a href="http://www.wingsfamilyservice.com">www.wingsfamilyservice.com</a></td>
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<tr>
<td>West Central Regional Fathers Program/Kids Visitation Exchange Center</td>
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<td>Transitional Housing Unit for Mothers</td>
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### ADOPTION

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<th>Service</th>
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<tr>
<td>Adoption Information Line - LSS</td>
<td>(888)205-3769</td>
<td><a href="http://www.minnesota.org">www.minnesota.org</a></td>
</tr>
<tr>
<td>Alexandria Office</td>
<td>(320)762-5124</td>
<td><a href="http://www.minnesota.org">www.minnesota.org</a></td>
</tr>
<tr>
<td>St.Cloud Office</td>
<td>(320)251-7700</td>
<td><a href="http://www.minnesota.org">www.minnesota.org</a></td>
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<tr>
<td>Caritas Family Services- Catholic Charities</td>
<td>(320)650-1660</td>
<td><a href="http://www.ccstcloud.org">www.ccstcloud.org</a></td>
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<tr>
<td>Lutheran Social Services of MN</td>
<td>(800)488-4146(612)879-5200</td>
<td><a href="http://www.lssmn.org">www.lssmn.org</a></td>
</tr>
<tr>
<td>Todd County Health and Human Services</td>
<td>(888)838-4066(320)732-4500</td>
<td><a href="http://www.co.todd.mn.us">www.co.todd.mn.us</a></td>
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<tr>
<td>Staples</td>
<td>(218)894-6300</td>
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### ADULT DAY CARE

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<tr>
<th>Service</th>
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<tbody>
<tr>
<td>A Lakeside Lodge - Osakis</td>
<td>(320)491-8143</td>
<td><a href="mailto:dianeliesemeyer@gmail.com">dianeliesemeyer@gmail.com</a></td>
</tr>
<tr>
<td>A Touch of Home - Eagle Bend</td>
<td>(218)738-5594</td>
<td></td>
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<tr>
<td>Becky's on the Lake - Osakis</td>
<td>(320)859-5701</td>
<td></td>
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<tr>
<td>Camphill Village – Long Prairie</td>
<td>(320)732-6365</td>
<td></td>
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<tr>
<td>Cedar Cove Assisted Living</td>
<td>320-732-1939</td>
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<tr>
<td>Eagle’s Crossing – Grey Eagle</td>
<td>(612)578-0950</td>
<td></td>
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<tr>
<td>Hidden Acres - Long Prairie</td>
<td>(320)732-6245</td>
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<tr>
<td>Long Prairie Memorial Nursing Home</td>
<td>(320)732-2141</td>
<td></td>
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<tr>
<td>Maple Hill – Browerville</td>
<td>(320)533-1119(320)594-3004</td>
<td><a href="mailto:juddmaplehill@yahoo.com">juddmaplehill@yahoo.com</a></td>
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<tr>
<td>Oakridge SILS Home</td>
<td>(218)756-2599</td>
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<tr>
<td>Peaceful Valley/Juanita Mitchell - Hewitt</td>
<td>(218)924-4179</td>
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<tr>
<td>Prairie Community Services</td>
<td>(320)594-2993</td>
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<tr>
<td>REM (Robert E Miller)</td>
<td>(218)739-3662</td>
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<tr>
<td>Seasons Adult Foster Care</td>
<td>(218)894-1306</td>
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ADULT FOSTER CARE
A Lakeside Lodge - Osakis (320)491-8143 dianeliesemeyer@gmail.com
A Touch of Home - Eagle Bend (218)738-5594
Becky’s on the Lake - Osakis (320)859-5701
Campbell Village (320)732-6365
Hidden Acres Long Prairie (320)732-6245
Licensing Look Up dhs.state.mn.us
Maple Hill – Browerville (320)533-1119 (320)594-3004
Meridian Home (320)-255-5151(320)732-2070
Oakridge Homes (218)756-2599
Peaceful Valley/Juanita Mitchell-Hewitt (218)924-4179
Prairie Community Services (320)594-6556
REM (Robert E Miller) (218)739-3662
Seasons Adult Foster Care (218)894-1306

AGING
AARP Member Services Center (888)687-2277 www.aarp.org
Alzheimer's Disease Hotline (800)272-3900 www.alzmdak.org
Mahube Community Council (218)847-1385 adallmann@mahube.org
MN Board of Aging (800)882-6262 www.mnaging.org
North Central Community Resources & Assistance (800)333-2433
Ombudsman for Older Americans (800)657-3591 www.mnaging.org
Senior Linkage Line (800)333-2433 www.cmcoa.org
Todd County Council on Aging (320)732-4637 www.co.todd.mn.us
Todd County Health and Human Services (888)838-4066(320)732-4500 www.co.todd.mn.us
Volunteer Transportation Program (888)838-4066(218)994-6300 www.co.todd.mn.us

Also, See Hospitals

AIDS
AIDS Case Reports – MN Dept of Health (651)201-5414 www.health.state.mn.us
American Red Cross MN Chapter (320)251-7641 www.cenmnredcross.org
CDC National HIV/AIDS Hotline (800)232-4636 www.cdc.com
Spanish (800)344-7432 TTY (800)243-7889
Minnesota AIDSLINE (800)248-2437 www.mn AIDSproject.org
Minnesota AIDS Project (MAP) (612)341-2060 www.mn AIDSproject.org
MN Department of Health - AIDS/STD Prevention (651)201-5414 www.dhs.state.mn.us
Planned Parenthood Alexandria HIV/STD testing (320)762-0766 www.plannedparenthood.org
RAAN - Rural AIDS Action Network Free and confidential testing (800)966-9735(877)536-7226 www.raan.org
Sexually Transmitted Disease Hotline - Mpls. (800)783-2287
Sexually Transmitted Disease Hotline - National (800)227-8922 www.sexualhealth.mn.org
Spanish Speaking Line - National (800)344-7432

ALCOHOL AND DRUGS
See Chemical Dependency

ALS (Amyotrophic Lateral Sclerosis Assn.) (888)672-0484 www.alsmn.org/www.alsa.org

ALTERNATIVE CARE SERVICES
See:Adult Foster Care/Assisted Living

ALZHEIMER'S DISEASE
Alzheimer's Disease Association Hotline (800)272-3900 www.alz.org/mnnd
AMERICAN RED CROSS
Central MN Chapter - St. Cloud (800)560-7641 (320)251-7641 www.cenmredcross.org

ARTHITIS FOUNDATION
Arthritis Foundation MN Chapter (800)333-1380 www.arthritis.org

ASSISTED LIVING
Colonial Terrace Apartments - CTCCC (218)756-3636
Fair Oaks Lodge (218)631-1391
Fairway Pines Sauk Centre (320)351-4900 www.twdcc.com\fairwaypines
Getty Street Sauk Centre (320)351-4333 www.getystreetassistedliving.com
Lakewood Manor Staples (218)894-2124
Lakewood Pines - Staples (218)894-4460
Staples High Rise (320)894-2301
Bridgewell Terrace Heights/Westview - Osakis (320)859-6242 www.galeonmn.com
Valley View Estates - Long Prairie (320)732-3516
West View Assisted Living Apartments – Osakis (320)859-2123

ASTHMA
Asthma and Allergy's Foundation (800)727-8462 www.aafa.org

ATTORNEY GENERAL’S OFFICE MN
(800)657-3787 www.ag.state.mn.us
(651)296-3353

AUTISM
Minnesota Autism Center (952)767-4200

BETTER BUSINESS BUREAU
(651)699-1111

BLIND & VISUALLY HANDICAPPED
American Council of the Blind (800)424-8666 www.acb.org
Local Contact Services for the Blind – Margie St Cloud (320)308-2699
Minnesota Radio Talking Book Network (800)652-9000 (651)642-0500 www.mnssb.org
State Service for Blind (800)652-9000 www.mnssb.org

CANCER
American Cancer Society (800)582-5152 www.cancer.org
American Cancer Society - Midwest MN Contact (218)727-7439 www.cancer.org
Cancer Information Service Spanish Available (800)422-6237 www.cancer.gov
Ronald McDonald House Charities - Mpls (612)331-5752 www.rmhtwincities.org

CARBON MONOXIDE
MDH - Carbon Monoxide Poisoning (651)201-4601 www.dhs.state.mn.us

CAREGIVER SUPPORT
LSS Caregiver Support and Respite Program (800)488-4146 www.lssmn.org
CAR SEATS
Long Prairie Memorial Hospital (new deliveries only) (320)732-2141 www.centracare.com
Minnesota Safety Council (800)444-9150(651)291-9150 www.minnesotasafetycouncil.org
Todd County Health and Human Services (888)838-4066(320)732-4456 www.co.todd.mn.us

CENTER FOR DISEASE CONTROL
Disease Control and Prevention (800)311-3435(404)639-3311 www.cdc.gov

CEREBRAL PALSY
United Cerebral Palsy of Central MN (888)616-3726(320)253-0765 www.ucpcentralmn.org

CHEMICAL DEPENDENCY
Al-Anon Family Group Headquarters (800)356-9996 www.al-anon.org
Al Anon – Staples (218)894-2137
Alcohol & Drug Helpline (800)252-6465 www.adcare.com
Alcoholics Anonymous - Browerville (320)594-6076
Alcoholics Anonymous - Eagle Bend (218)738-6752
Alcoholics Anonymous - Long Prairie (320)732-6723(320)732-2870
Freshwater Drug and Violence Prevention (218)894-2439 www.fed.k12.mn.us
Haven Road Recovery Center – Little Falls (320)632-0065
MADD (800)487-6233 www.maddmn.org
MDH Alcohol/Drug Abuse Counselors (651)282-5619 www.dhs.state.mn.us
Minnesota Prevention Resource Center (800)247-1303 www.emprc.org
National Association for Children of Alcoholics (888)554-2627 www.nacoa.net
National Clearing House for Drug and Alcohol Info. (800)729-6686 www.health.org
National Council on Alcoholism (800)622-2255
Neighborhood Counseling Center (218)631-1714
New Beginnings (800)487-8758 www.newbeginningsatwaverly.com
Next Step Treatment Center (218)894-0034 www.nextstep.com
Recovery Connections (800)886-8925 www.lakeviewhealth.com
St Cloud Hospital Recovery Plus (800)742-4357
St. Josephs Medical Center Focus Unit (218)828-7374
Todd County Health and Human Services www.co.todd.mn.us
Long Prairie (888)838-4066(320)732-4500
Staples (218)894-6300

CHILD CARE PROVIDERS - PRESCHOOL PROGRAM
Freshwater Education District
Early Childhood Family Education (800)450-0540(218)894-2439 www.fed.k12.mn.us
Licensed Day Care Provider information (888)838-4066(320)732-4500 www.co.todd.mn.us
Tri-County Community Action (320)632-3691 www.tccaction.com
West Central Education District (320)352-6120 www.westcentraled.com

CHILD FOSTER CARE
Todd County Health and Human Services (320)732-4530(888)838-4066

CHILDREN/ADOLESCENTS
Alisha’s Care Center – Well Child Visits (320)732-8162 www.alishascarecenter.com
Healthy Children.org www.healthychildren.org
Minnesota Children with Special Health Needs (800)728-5420 www.health.state.mn.us
Minnesota Department of Education (651)582-8200 www.education.state.mn.us
Minnesota State High School League (760)560-2262 www.mshsl.org
National Center for Missing and Exploited Children (800)843-5678 www.missingkids.com
National Child Safety Council Childwatch (800)222-1464
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<th>CITY INFORMATION</th>
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<tr>
<td>Bertha</td>
<td>(218)924-4454</td>
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<td>Browerville</td>
<td>(320)594-2201</td>
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<tr>
<td>Burtrum</td>
<td>(320)285-4975</td>
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<tr>
<td>Clarissa</td>
<td>(218)756-2125</td>
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<td>Eagle Bend</td>
<td>(218)738-5982</td>
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<td>Grey Eagle</td>
<td>(320)285-2464</td>
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<td>Hewitt</td>
<td>(218)924-4343</td>
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<td>Long Prairie</td>
<td>(320)732-2167</td>
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<td>Staples</td>
<td>(218)894-2550</td>
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<tr>
<td>Todd County Emergency Management</td>
<td>(320)732-2157</td>
<td>(320)732-4657</td>
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<td>Long Prairie Ministerial Society</td>
<td>(320)732-2730</td>
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<td>Staples Ministerial Society</td>
<td>(218)894-2891</td>
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<th>CLINICS</th>
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<tr>
<td>Alexandria Clinic</td>
<td>(800)646-4220</td>
<td><a href="http://www.alexandriaclinic.com">www.alexandriaclinic.com</a></td>
</tr>
<tr>
<td>Alexandria Orthopedic</td>
<td>(800)762-1177</td>
<td><a href="http://www.alexortho.com">www.alexortho.com</a></td>
</tr>
<tr>
<td>Alexandria Sanford Broadway Clinic</td>
<td>(888)640-0399</td>
<td><a href="http://www.broadwaymedicalcenter.com">www.broadwaymedicalcenter.com</a></td>
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<tr>
<td>Bertha Medical Clinic</td>
<td>(218)924-2250</td>
<td><a href="http://www.bmc@tricountyhospital.org">www.bmc@tricountyhospital.org</a></td>
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<tr>
<td>Centra Care Clinic - Long Prairie</td>
<td>(320)732-2131</td>
<td><a href="http://www.centracareclinic.com">www.centracareclinic.com</a></td>
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<tr>
<td>Centra Care Clinic – Sauk Centre</td>
<td>(320)352-6591</td>
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<tr>
<td>Dr. Susan Wasson – Osakis</td>
<td>(320)859-2366</td>
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<tr>
<td>Eagle Valley Clinic</td>
<td>(218)738-2804</td>
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<tr>
<td>Family Medical Center - Little Falls</td>
<td>(320)631-7000</td>
<td>(320)631-7200</td>
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<tr>
<td>Lakewood Health System Clinic</td>
<td>(320)594-2231</td>
<td><a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a></td>
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<tr>
<td>Motley</td>
<td>(218)352-6922</td>
<td><a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a></td>
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<tr>
<td>Staples</td>
<td>(800)525-8344</td>
<td><a href="http://www.lakewoodhealthsystem.com">www.lakewoodhealthsystem.com</a></td>
</tr>
<tr>
<td>Osakis Medical Clinic</td>
<td>(800)989-3038</td>
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<tr>
<td>Wadena Medical Center</td>
<td>(218)631-1360</td>
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<th>CO-DEPENDENCY</th>
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<tr>
<td>Al-Anon Family Group Headquarters</td>
<td>(800)356-9996</td>
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<td>St. Cloud Hospital Recovery Plus</td>
<td>(800)742-4357</td>
<td>(320)255-5613</td>
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<th>COMMUNITY CONCERN FOR YOUTH &amp; COMMUNITY CORRECTIONS</th>
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<tr>
<td>Long Prairie</td>
<td>(320)732-6165</td>
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<tr>
<td>Staples</td>
<td>(218)894-2554</td>
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<tr>
<th>COMMUNITY EDUCATION</th>
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<tr>
<td>Bertha-Hewitt Community Education</td>
<td>(218)924-2500</td>
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<tr>
<td>Browerville Community Education</td>
<td>(320)594-2272</td>
<td><a href="http://www.browerville.k12.mn.us">www.browerville.k12.mn.us</a></td>
</tr>
<tr>
<td>Eagle Valley Community Education</td>
<td>(218)738-6442</td>
<td><a href="http://www.evps.k12.mn.us">www.evps.k12.mn.us</a></td>
</tr>
<tr>
<td>Freshwater Education District</td>
<td>(218)894-2439</td>
<td><a href="http://www.fed.k12.mn.us">www.fed.k12.mn.us</a></td>
</tr>
<tr>
<td>Long Prairie/Grey Eagle Community Education</td>
<td>(320)732-2194</td>
<td><a href="http://www.lpge.k12.mn.us">www.lpge.k12.mn.us</a></td>
</tr>
<tr>
<td>Staples Community Education</td>
<td>(218)894-2497</td>
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CONSUMER SERVICES
Attorney General Office in Minnesota (651)296-3353 www.ag.state.mn.us
Charities Review Council (800)733-4483 www.smartgivers.org
Consumer Products Complaints and Information (800)638-2772
Consumer Products Safety Commission (800)638-2772
Food and Drug Administration (612)334-4100(888)463-6362
State Board of Medical Practice (612)617-2130 www.bmp.state.mn.us

COUNSELING
Birthline Incoportated St. Cloud (800)786-0200 www.birthline.org
Brainerd - Birthright (218)765-3282(218)829-8470
Caritas Family Service - Catholic Charities (320)252-1280 www.stclouddiocease.com
Crisis Line (800)462-5525
Liberty Counseling Service (320)732-3041
Listening Ear Crisis Center (800)854-9001(320)763-6638
Lutheran Social Service (888)881-8261 www.lssmn.org
    Brainerd – Counseling Office (218)828-7379
    Alexandria – Counseling Office (320)762-5124
Neighborhood Counseling Center –
    Long Prairie (320)732-3344
    Wadena (218)631-1714
Northern Pines Mental Health
    Little Falls (320)632-6647
    Long Prairie (320)732-6602
    Staples (218)894-1002
    Wadena (218)631-5933
Patty Venekamp Counseling (320)732-7111
Senior Behavioral Health Unit (218)333-0323
St.Gabriels Hospital - Behavior Health (320)632-1131 www.unityfamily.org

CYSTIC FIBROSIS
Cystic Fibrosis Foundation (800)344-4823 www.cff.org
Cystic Fibrosis Foundation MN Chapter (651)631-3290 www.cff.org

DAY CARE PROVIDERS
Child Care Resource and Referral (800)890-5399 www.mnchildcare.org
Licensed Day Care Provider Info (888)838-4066(320)732-4500 www.co.todd.mn.us

DEATH AND GRIEVING
Grief Recovery Help Line (800)445-4808
Grief Support Group - Staples Hospital (218)894-8623(218)894-8093 www.lakewoodhealthsystem.com
Smile Again Ministries (320)310-8877 www.smileagainministries.com
St. Gabriels Hospital (320)632-1240(320)632-1241 www.unityfamily.org

DENTAL
Alexandria – Caring Hands Dental (320)815-5711
Alexandria – Family and Cosmetic Gentle Dentistry (320)763-5052
American Dental Association (312)440-2593
Clarissa Dental Clinic PA (218)756-2234
Dental Center of America – St Cloud  (320)229-2205
Lakes Mobile Dental  (877)562-7874(218)831-3131

**DENTAL CONT**
Little Falls – First Avenue Dental  (320)632-8113
Long Prairie Dental Clinic  (320)732-6141
Melrose - Sieben and Hedglin Dental Office  (320)256-4267
Midwest Dental Benefits  (800)836-4098(651)647-6673
Minneapolis – Sharing and Caring Hands  (612)596-3463
Minnesota Dental Association  (800)950-3368  www.mndental.org
Osakis Dental Clinic  (320)859-3038
Pillager Country Dental – Dr. Daniel Rose  (218)746-5645
Sauk Centre - Dr. David Mayer  (320)352-2822
Sauk Centre - Dr. James Williams  (320)352-2171
Sauk Centre - Dr. Jim Wachlarowicz  (320)352-6669
Smile Center - Deerwood  (800)477-7645
Smile Center – Big Lake  (866)748-6684
Staples – Dr. Jill Bailey  (218)895-7878
Staples - Dr. Zachary Bailey  (218)894-1941
Staples - Dr. Peter Brenny  (218)894-2755
Staples - Dr. Dominic Gagnon  (218)894-2201
St. Paul Union Gospel Mission  (651)292-1721
Swanville - Community Dental Clinic  (320)632-6621(320)547-2246
Wadena - Dr. James Matthiae  (218)895-1487
Wadena – Dr. Ryan Anderson  (218)631-4431

**DEVELOPMENTAL ACHIEVEMENT CENTER**
Browerville DAC  (320)594-6423
Browerville DAC - Thread Shed  (320)594-6456

**DIABETES**
American Diabetes Association  (800)232-3472(612)654-0826  www.diabetes.org
Diabetic Training for Patients-St. Cloud  (320)251-2700 Ext 4628  www.centracare.com
Juvenile Diabetes Foundation International Hotline  (800)223-1138  www.jdrsf.org
Mid-Minnesota Diabetes Nutrition Center  (320)231-8740  www.ricehospital.com

**DIGESTIVE DISEASES**
Digestive Diseases Information  (301)654-3810  www.digestive.niddk.nih.gov

**DISABILIT**
Advance OMP  (orthodics)  (320)762-2210
ARC MN  (800)582-5256  www.thearc.org
Confidence Learning Center  (218)828-2344  www.campconfidence.com
Disability Linkage Line  (866)333-2466
Freshwater Education District  (218)894-2439  www.fed.k12.mn.us
Hand Controls for Vehicles  Local Garages
Meridian Services  (320)255-5151(320)732-2070
Mid-State Education District - Little Falls  (320)632-5417  www.midstate.k12.mn.us
MN Children with Special Health Needs  (800)728-5420  www.health.mn.us/mcshn
MN Disability Law Center  (800)292-4150  www.mylegalaid.org/mdlc/about
MN State Council on Disability  (800)945-8913(651)361-7800  www.state.mn.us
Oakridge/SILS  (218)756-2599

Project Together: Services for Adults with Disabilities:
**DISABILITY SERVICES - CONT**

REACH (320)762-1511

Rehabilitation Information (800)346-2742

Vocational Rehabilitation Services of Todd (800)664-3595(218)825-2034

Vocational Rehabilitation Services of Wadena (218)631-7663

Shriner's Hospital for Crippled Children (800)237-5055

Todd County Developmental Achievement Center (320)594-6423

West Central Education District - Sauk Centre (320)352-6120

Wilderness Inquiry (800)728-0719(612)379-3858

**DISEASE**

Center for Disease Control and Prevention (800)232-1311

Office of Smoking and Health (800)232-4636(770)488-5705

Epidemiologist – St. Cloud (320)255-4216

**DOMESTIC VIOLENCE**

Please call for assistance (911)

Hands of Hope Crisis Line 24 hour (800)682-4547

Hands of Hope (Long Prairie) (888)732-2319(320)732-2319

Hands of Hope (Morrison) (888)454-4878(320)632-1657

Mid-Minnesota Women’s Center(Collect Calls Accepted) (218)828-1216

Rape Crisis Center (202)333-7273

**DOWN SYNDROME**

Down Syndrome Parent Support - Staples Area (218)894-3735

Down Syndrome Support Group - St. Cloud(320)251-7272(877)251-7272

National Down's Syndrome Society (800)221-4602

**DNR**

(320)616-2450(320)285-2948

**EATING DISORDERS**

Centra Care – Behavioral Health Clinic (320)229-4918

Dietitian/Nutrition Counseling(Lakewood Clinic) (218)894-1033(800)525-1033

National Assn Anorexia Nervosa and Related Disorders (847)831-3438

Northern Pines (320)732-6602

**EDUCATIONAL COOPERATIVES**

Freshwater Education District - Staples (218)894-2501

Freshwater Special Education District - Wadena (218)631-3505

Midstate Education District - Little Falls (320)632-5417

West Central Education District - Sauk Centre (320)352-6120

**EMERGENCY SERVICES**

911

**EMPLOYMENT**

Experience Works (218)631-3483

MN Dept Vocational Rehab/Staples Andrea Chirhart (218)894-5404

Rural Minnesota CEP:

Long Prairie (320)732-1909

Staples (218)894-6300

Tri-County Community Action Program (320)632-3691
Work Force Center-Job Service-CEP (800)419-1330(320)616-2400 www.mnworks.org
Working Women’s Job Survival Hotline (800)522-0925

ENERGY ASSISTANCE
Todd County Health and Human Services(888)838-4066 (320)732-4516
Heat Share (218)829-1120

ENVIRONMENTAL HEALTH
Indoor Air Quality - MDH (651)201-4601 www.health.state.mn.us
Minnesota Office Environmental Assistance (800)657-3843 www.pca.state.mn.us
Minnesota Pollution Control Agency (800)657-3864(218)828-2492 www.pca.state.mn.us
Safe Drinking Water (800)426-4791 www.epa.gov/safewater
Todd County Soil and Water Conservation Department (320)732-4420 www.co.todd.mn.us
Todd County Health and Human Services (888)838-4066(320)732-4500 www.co.todd.mn.us

EPILEPSY
Epilepsy Foundation (800)332-1000
Epilepsy Foundation of MN (800)779-0777(651)287-2300 www.efmn.org

EVICITION PREVENTION
Hope Housing Program (800)829-5902(218)829-5000

EXTENSION SERVICE - TODD COUNTY (320)732-4435 www.co.todd.mn.us

FAMILY PLANNING
Community Action Family Planning Program (877)275-6123
Minnesota Family Planning and STD Hotline (800)783-2287 www.stdhotline.state.mn.us
Office of Marriage and Planning (320)252-2100
Planned Parenthood
Alexandria (320)762-0766 www.ppmsd.org
Brainerd (218)829-1469 www.ppmsd.org
St. Cloud (320)252-9504 www.ppsd.org
Todd County Health and Human Services (888)838-4066(320)732-4500 www.co.todd.mn.us

FARE FOR ALL FOOD PROGRAM
FOR CLOSEST SITE (800)582-4291 www.fareforall.org

FETAL ALCOHOL SPECTRUM DISORDER (218)894-8054 www.lakewoodhealthsytem.com

FINANCIAL
MN Child Support Enforcement (800)657-3512(651)296-2542
MN Department of Revenue (651)556-6003 www.taxes.state.mn.us

FIRE DEPARTMENTS - TODD COUNTY 911
For Non-Emergency see CITY INFORMATION and contact your local city hall

FIRST CALL FOR HELP (651)291-0211 www.211unitedway.org

FITNESS
Aerobic and Fitness Association of America (800)233-4886 www.afaa.com

FOOD AND DRUG ADMINISTRATION (888)463-6332 www.fda.gov

FOOD SHELF
Bertha (218)924-2085(218)924-2930
4th Monday 9:00-11:00
Browerville (320)594-6391
Wednesdays 10:00 -12:00 & 1:00 -3:00

**FOOD SHELF - CONT**
Long Prairie (320)732-0979
Wednesdays and Fridays 9:00 -11:30
Staples (218)894-2427(218)894-1041
Monday and Tuesday 2:00-4:00 pm and fourth Thursday 6:00-8:00 pm

**FRESHWATER EDUCATION DISTRICT** (800)450-0540 www.fed.k12.mn.us
Choices Infant Care Center, Community Education
Early Childhood Family Education, Special Education
Freshwater Drug and Violence Prevention Council
Area Learning Center
Long Prairie (320)732-6638
Staples (218)894-2501

**FURNITURE**
ARC- Valu Village (612)866-8820 www.arcsvaluevillage.org
Salvation Army (612)332-6961 www.ucs.salvationarmy.org

**GAMBLING**
MN Compulsive Gambling Hotline (800)437-3641 www.miph.org/gambling
www.nojudgement.com

**GRIEF COUNSELING**
Emblom/Brenny Support Group – Sally Brenny (320)632-8600
Grief Support Group- Alexandria (320)762-2196
Grief Support Group- Little Falls (320)632-6238
Grieving Parents Support Group (320)763-5781
Widowed Persons Support Group (320)650-1660

**HEAD INJURY/PAIN**
Brain Injury Association (800)444-6443(202)296-6443 www.biausa.org
Brain Injury Association of Minnesota (800)669-6442 www.braininjurymn.org
National Headache Foundation (800)843-2256

**HEAD START**
Little Falls - Morrison (320)632-3691
Long Prairie - Todd (320)732-4023

**HEARING**
Alexander Graham Bell Assoc. for Deaf Inc. (202)337-5220 www.agbell.org
Alexandria Hearing Center (320)763-2889
Better Hearing Institute (800)327-9355 www.betterhearing.org
Caption Call www.CaptionCall.com
CSD of MN Interpreting Services (612)224-6548(877)456-7589 www.c-s-d.org
Deaf and Hard of Hearing Services (800)456-7589(218)291-5880 www.dhhsd.org
(Telephone Equipment Program) (800)648-4327 www.sotheworldmayhear.org
Hear Now (800)657-3663 www.tedprogram.org
Hear PO (877)822-7085
National Institute on Deafness (800)241-1044 www.nidcd.nih.gov
TTY (800)241-1055
<table>
<thead>
<tr>
<th>Services</th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Veterans Hearing Services</td>
<td>(320)656-6176</td>
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<tr>
<td>Wales Hearing Center (Has LP Satellite Office)</td>
<td>(888)309-3922</td>
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<td><strong>HEART</strong></td>
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<tr>
<td>American Heart Association</td>
<td>(800)242-8721</td>
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<tr>
<td>Women's Cardiac Support Group</td>
<td>(320)762-2196</td>
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<td><strong>HOME CARE</strong></td>
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<tr>
<td>Accurate Home Care</td>
<td>(763)633-3808</td>
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<tr>
<td>Barnabas Health Care</td>
<td>(800)434-7225/(218)829-0901</td>
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<tr>
<td>Caring Hands Home Care</td>
<td>(888)290-5572/(218)837-5572</td>
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<tr>
<td>Heartland Home Care and Hospice</td>
<td>(Jeanne) (320)654-1136</td>
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<tr>
<td>Knute Nelson Home Care</td>
<td>LP Office (320)732-3110</td>
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<tr>
<td>Lake Country Home Care</td>
<td>(218)385-3422</td>
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<td>Lakewood Health Systems Home Care</td>
<td>(800)525-1033/(218)894-8080</td>
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<td>Legacy Home Care- Wadena</td>
<td>(218)632-1335</td>
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<td>Mahube – OTWA</td>
<td>(888)458-1385</td>
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<tr>
<td>MN Home Care - Nisswa</td>
<td>(218)963-8899</td>
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<td>New Dimensions Home Health Care</td>
<td>(218)739-5856</td>
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<tr>
<td>New Horizons Home Care</td>
<td>(320)594-7958</td>
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<td>Oakridge Homes - Wadena</td>
<td>(218)756-2599</td>
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<tr>
<td>Prairie River Home Care</td>
<td>(320)255-1882</td>
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<td>Recover Health</td>
<td>(320)846-0002</td>
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<td>Sauk Centre Home Care</td>
<td>(320)352-2221 Ext 1508</td>
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<tr>
<td>Todd County Health and Human Services</td>
<td>(888)838-4066/(320)732-4500</td>
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<tr>
<td>Universal Pediatric Services Inc</td>
<td>(800)876-2285</td>
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<td><strong>HOME DELIVERED MEALS</strong></td>
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<tr>
<td>Bertha Senior Citizens Center</td>
<td>(218)738-4152</td>
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<tr>
<td>Clarissa Senior Citizens Center</td>
<td>(218)738-4152</td>
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<tr>
<td>Eagle Bend Senior Citizens Center</td>
<td>(218)738-4152</td>
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<tr>
<td>Hewitt Senior Center (contact EB site) LSS</td>
<td>(218)738-4152</td>
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<tr>
<td>Lutheran Social Service</td>
<td>(866)204-6111</td>
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<tr>
<td>MOM's Meals</td>
<td>(866)204-6111</td>
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<tr>
<td>Motley Sunny Pines Senior Housing</td>
<td>(218)352-6271</td>
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<tr>
<td>Nutrition Services Inc</td>
<td>(507)835-5074</td>
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<td>Osakis Senior Citizens Center -NSI</td>
<td>(320)859-2325</td>
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<td>Staples Senior Citizens Center - LSS</td>
<td>(218)894-2556</td>
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<tr>
<td>Todd County Bundled Services (EB site) LSS</td>
<td>(888)307-1466</td>
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<tr>
<td>Upsala Senior Citizens Center –NSI</td>
<td>(320)573-4435</td>
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<td><strong>HOMEMAKING SERVICES</strong></td>
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<tr>
<td>All Good Home Care</td>
<td>(866)682-4189</td>
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<tr>
<td>Alternative Senior Care</td>
<td>(866)352-3350/(320)352-3350</td>
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<tr>
<td>Choices Home Care</td>
<td>(320)766-3306</td>
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<tr>
<td>Home Instead Senior Care</td>
<td>(218)824-0077</td>
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<td>Grattan Healthcare</td>
<td>(800)470-1326</td>
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<td>Knute Nelson</td>
<td>LP Office (320)732-3110</td>
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<td>Lake Country Home Care, LLC</td>
<td>(218)385-3422</td>
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<tr>
<td>Lakewood Health System</td>
<td>(218)894-8080</td>
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<td><strong>HOSPICE</strong></td>
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<tr>
<td>Caring Hands (Sebeka)</td>
<td>(888)290-5572</td>
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<tr>
<td>Centra Care Home Care and Hospice</td>
<td>(800)835-6610</td>
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<tr>
<td>Heartland Hospice Care</td>
<td>(800)736-4427/(320)654-1136</td>
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Lakewood Health Systems (800)525-8344(218)894-1515 www.lakewoodhealthsystems.com
Legacy Home Care and Hospice (218)631-7480

HOSPICE- CONT
St. Michael’s Hospital (320)352-2221 www.stmichaelshipital.org
Unity Family Home Care - Little Falls (320)632-1144 www.stgabriels.com

HOSPITALS
Douglas County Hospital - Alexandria (320)762-1511 www.dchospital.com
Lakewood Health System Hospital (800)525-8344(218)894-1515 www.lakewoodhealthsystem.com
Long Prairie Memorial Hospital & Home (320)732-2141 www.centracare.com
Melrose Hospital (320)256-4231 www.centracare.com
St. Cloud Hospital (800)835-6652(320)251-2700 www.centracare.com
St. Michael’s Hospital - Little Falls (320)362-5441 www.stgabriels.com
St. Michael’s Hospital - Sauk Centre (320)352-2221 www.stmichaelshipital.org
Tri-County Hospital - Wadena (218)631-3510 www.tricountyhospital.org

HOUSING/HOMELESS
Central MN Housing Partnership (888)203-9301 www.cmhp.net
Community Action Council - Wadena/Ottertail (218)385-2900 www.otwcac.org
Home Line (Tenant/Landlord Issues) (866)866-3546 www.homelinemn.org
HUD User (800)245-2691 www.huıldıuser.org
Leaf River Area Habitat for Humanity (218)632-6900 www.lrahfh.org
LSS – Hope Housing (866-970-1437) (218)824-1437
Rental Assistance (HUD Hotline) (800)669-9777
  Long Prairie HRA (320)732-2801
  Staples HRA (218)894-2301
  Todd County HRA (320)594-6388
Salvation Army – Chaplain Dave Greaver (320)732-2157 www.co.todd.mn.us
Tri-County Community Action (218)829-2410(320)632-3691 www.tccaction.com

HOUSING/REHABILITATION
Loans (320)732-4423
USDA Loan/grant (320)763-3191 ext 4
Weatherization – Tri Cap (320)632-3691

HOUSING UNITS TODD COUNTY
Bertha Manor Apartments (888)552-3726(218)352-6162
Bertha Horizon Manor (218)924-2964
Browerville Hillside Apartments (320)594-2441
Browerville Sun Rose Courts (320)594-6388
Center Square Apartments (320)250-7877
Five Gable Apartments (218)756-2125
Clarissa Colonial Terrace Apartments (218)756-3636
Clarissa Heritage Place (218)756-2462
Eagle Bend Green Leaf Apartments (218)864-5400
Eagle Bend Eagle Heights Apartments (218)864-5400
Fairlane Apartments (320)285-8715
Grey Eagle Village View Apartments (320)285-3973
Jagush Apartments (320)594-2852
Long Prairie Grandview Apartments (320)808-3795
Long Prairie Northwest Estates (320)732-6098
Long Prairie Prairie View 400 (320)732-6940
Long Prairie Prairie View Manor (320)732-2801(218)371-9544
Long Prairie Reichert Place (320)732-2801
Pine Crest Townhomes (888)825-8403(218)824-8403
Poppins Apartments (320)766-1218
Riverview Manor (320)352-2311

**HOUSING UNITS TODD COUNTY- CONT**
Sinclair East Apartments (320)304-2126
Stapleton Apartments (701)237-6840
Staples Lakewood Pines (218)894-4460
Staples Hi-Rise (218)894-2301
Staples Northside (218)894-2803
Staples Square (888)552-3726 (218)352-6162
Todd 27 Apartments (320)732-6154
Todd Apartments (320)732-6940
Wadena Square Apartments (888)552-3726 (218)352-6162

**HUNTINGTON’S DISEASE**
Huntington’s Disease Society of America (800)345-4372
Northern Pines (320)732-6602

**IMMIGRATION**
Bridging the Communications Gap for Immigrants and Refugees in Minnesota www.echominnesota.org
Centro Legal Inc (651)642-1890
Immigrant Law Center of Minnesota (800)223-1368

**IMMUNIZATIONS**
Foreign Travel Immunization Information (651)201-5513 www.health.state.mn.us
MDH Immunization Hotline (800)657-3970 www.health.state.mn.us/divs/idepc/imunize/safety/imminfo.html
National Vaccine Injury Compensation Program (800)338-2382 www.hrsa.gov/vaccinecompensation
Todd County Health and Human Services (888)838-4066 (320)732-4652 www.co.todd.mn.us

**INSURANCE**
Minnesota Care (800)657-3672 - (651)297-3862 www.minnesotacare.com
National Insurance Consumer Helpline (800)942-4242 www.iii.org

**INTERNET SAFETY**
www.internetsafety101.org

**KIDNEY**
American Kidney Fund (800)638-8299 www.kidneyfund.org
National Kidney Foundation (800)622-9010 www.kidney.org
National Kidney Foundation - MN (952)544-7300 www.kidney.org

**LALECHE LEAGUE**
(800)525-3243 www.lalecheleague.com

**LEAD**
Minnesota Department of Health – Lead Unit (651)201-4610 www.health.state.mn.us

**LEGAL SERVICES**
Attorney Generals Office of MN (800)657-3787 (651)296-7575 www.ag.state.mn.us
Central MN Legal Services (800)622-7773 www.centralmnlegal.org
Consumer Services Division (651)296-3353
Estate and Elder Law Services (612)676-6300 www.voamn.org
Federal Court Pro Se Resources (612)664-5000 www.mnd.uscourts.gov
Home Line (866)866-3546 www.homelinemn.org
LawHelpMN
Legal Corps (888)454-5267 www.legalcorps.org
Mid Minnesota Legal Aid (888)360-2889 www.mylegalaid.org
Minnesota Courts – Self Help Center www.mncourts.gov/selfhelp
LEGAL SERVICES - CONT
MN State Bar Association (Referral Service) (800)292-4152 www.mnfindalawyer.com
Public Defenders Office – Seventh District (218-739-7467
Southern Minnesota Regional Legal Services (701)232-8872 www.smrls.org
St. Cloud - Area Legal Services (800)622-7773 www.midmnlegal.org
Todd County Attorney (320)732-6039 www.co.todd.mn.us
Volunteer Lawyers Network (612)752-6677

LEUKEMIA
American Cancer Society (800)582-5152 www.cancer.org
Cancer Information Service (800)422-6237 www.cancer.gov

LIBRARY SERVICES
Eagle Bend Library (218)738-4590
Grey Eagle Library (320)285-2505
Long Prairie Library (320)732-2332
National Library Service for the Blind (800)424-8567
Staples Library (218)894-1401

LIFELINE
Framingham, MA (800)368-2925
Heartland Securities (888)264-6380
Knute Nelson – PERS system (320)759-1273(320)732-3110 www.knutenelsonseniorhomecare.com
Life Call - Northern Safety and Security Bemidji (877)751-3902 www.northernsafetyandsafety.com
St. Cloud Hospital (800)835-6652 Ext 54619 www.centracare.com
St. Gabriels Hospital (320)632-5441 www.stgabriels.com
Tri-County Hospital Wadena (218)632-1335 www.tricountyhospital.com

LONG TERM CARE CONSULTATION/LTCC
Todd County Health and Human Services(888)838-4066(320)732-4500 www.co.todd.mn.us

LUNG
American Lung Association (800)642-5864 www.alamn.org
Lung Line (National Asthma Center) (800)222-5864 www.nationaljewish.org
Stratospheric Ozone Hotline Information (800)296-1996 www.epa.gov/ozone

LUPUS ERYTHEMATOSUS
Lupus Foundation of America (800)558-0121 www.lupus.org
Minnesota Chapter (612)375-1131 www.lupus.mn.org

LYME DISEASE
(612)201-5414 www.health.state.mn.us

MADD
(800)487-6233 www.maddmn.org

MARCH OF DIMES
(320)252-1156

MEALS ON WHEELS
SEE HOME DELIVERED MEALS

MEDICA
(800)458-5512 www.medica.com
MEDICAL EQUIPMENT SUPPLIERS
Brainerd Medical Supply (800)950-6006
Care Medical Supply - Sauk Rapids (800)638-7135
Freedom Medical Equipment (866)882-0664 (320)258-4055
Homecare Oxygen (800)445-3130
Lincare Incorporated (800)628-1341 (320)632-3661
Medical Marketplace (877)518-7380 (218)894-8776
North Central Medical Supply (888)577-7331 (218)825-7331
Rice Home Medical LLC - Alexandria (800)450-6036 or 320-762-6036
Specialty Home Med. - Brainerd (800)450-4710
Thrifty White – LP (320)732-3228
VFW Long Prairie (320)732-3873

CONTACT YOUR LOCAL PHARMACY

MEDICARE/MEDICAID
Customer Service Hotline (800)633-4227

MENTAL HEALTH
Community Behavior Health (218)319-6003
Douglas County Hospital (320)762-1511 www.dchospital.com
Mental Health Association (800)862-1799 www.mentalhealthmn.org
National Institute of Mental Health (800)421-4211 (301)443-4140 www.nimh.nih.gov
Neighborhood Counseling Center (218)631-1714 www.nccenter.org
Northern Pines
- Brainerd (218)829-3235
- Little Falls (320)632-6647
- Long Prairie (320)732-6602
- Staples (218)894-1002
- Wadena (218)631-2462
- Walker (218)547-3240
Reflections Mental Health – Lakewood (800)525-8344 (218)894-1515
Senior Behavioral Health Unit (218)333-0323 www.lakewoodhealthsystem.com
See Counseling

MENTORING FOR CHILDREN AND ADOLESCENTS
Big Brother and Big Sister Program – St Cloud (320)253-1616 www.bbbcentralmn.org
Kinship of Morrison County – (including Long Prairie) (320)632-8806 www.kinshippartners.org
Kinship of Todd/Wadena Counties – (including Motley) (218)894-2799

MIDWIFERY SERVICES
Alexandria OB/GYN Associates (320)762-0273
Long Prairie Medical Clinic (320)732-2131 www.centracare.com

MINORITY AND MULTICULTURAL HEALTH (651)201-5813

MN CARE (800)657-3739 (651)657-3672 www.minnesotacare.com

MN DEPARTMENT OF EDUCATION (651)582-8200

MN DEPARTMENT OF HEALTH (651)201-5000 www.health.state.mn.us

MN DEPARTMENT OF HUMAN SERVICES (651)297-3933
**MN DO NOT CALL LIST**
888-382-1222
www.donotcall.gov

**MN HELP INFORMATION**
www.MinnesotaHelp.info

**MN HEMOPHILIA FOUNDATION**
(800)994-4363

**MN POLLUTION CONTROL AGENCY**
St Paul (800)657-3864
Brainerd (218)828-2492
www.pca.state.mn.us

**MONEY MANAGEMENT**
Caritas Family Services (320)650-1660
Lutheran Social Services (800)488-4146 / (612)879-5200
www.lssmn.org

**MULTIPLE SCLEROSIS**
Multiple Sclerosis Support Group (320)762-0184
National Multiple Sclerosis Society - MN Chapter (800)582-5296
www.nationalmssociety.org

**MUSCULAR DYSTROPHY ASSOCIATION**
(800)572-1717
www.mdausa.org

**NATIONAL HEALTH INFO CLEARING HOUSE**
(800)336-4797
www.healthfinder.gov

**NURSING HOME**
Bethany Nursing Home - Alexandria (320)762-1567
Central Todd County Care Center - Clarissa (218)756-3636
Fair Oaks Lodge – Wadena (218)631-1391
Galleon Community Memorial Home - Osakis (320)859-2142
Lakewood Health Systems Care Center (800)525-8344 / (218)894-1515
Knute Nelson - Alexandria (320)763-6653
Long Prairie Memorial Hospital & Home (320)732-2141
Lutheran Care Center - Little Falls (320)632-9211
Melrose Pine Villa - Melrose (320)256-4231
Nursing Home Ombudsman (800)657-3591
St. Michaels - Sauk Centre (320)352-2221
St. Ottos Care Center - Little Falls (320)632-9281
St. Williams - Parkers Prairie (218)338-4671

**NUTRITION**
Food Stamp Nutritional Educational Program (320)732-4435
Lutheran Social Service (800)488-4146
LSS – Todd County Home Delivered Meals (218)738-4152
MAC Program/NAPS (800)365-0270
Nutrition Services Inc. (507)835-5074
Todd County Extension Service (320)732-4435
Women, Infants and Children (WIC) (800)953-4440 / (320)732-4456

**Also, Refer to Home Delivered Meals**

**ORGAN DONATION**
American Red Cross (320)251-7641
Lifesource (651)603-7800
The Living Bank (800)528-2971
www.cenmnredcross.org
www.life-source.org
www.livingbank.org
PARENTING/PARENTING SUPPORT GROUPS
Bright Futures  www.brightfutures.org
Circle of Parents  (218)296-2139
Early Childhood Family Education - Freshwater  (800)450-0540  www.fed.k12.mn.us
MOMS Club of Staples  (218)838-8580(218)895-7001
MUMS  (877)336-5333  www.netnet.net/mums
Todd County Health and Human Services – MCH  (888)838-4066(320)732-4500  www.co.todd.mn.us
Trusted Parenting Information  www.parentsknow.state.mn.us//parentsknow/index.html

PARKINSON'S DISEASE
American Parkinsons Disease Association  (800)223-2732
National Parkinson Foundation  (800)327-4545  www.parkinsons.org
Parkinson’s Support Group  (320)762-2196

PCA SERVICES
Accra Care  (866)935-3515(952)935-7112
Accurate Home Care  (866)214-3800(763)633-3800
Barnabas Home Care  (218)829-0901
Choices Home Care  (320)762-1501
G and H of Greater Minnesota  (218)326-0095
Grattan Health Care Inc  (218)820-1326
MN Home Care Inc  (218)963-8899
New Dimensions Home Health Care  (218)739-5856
Oakridge Home SILS/SLS  (218)756-2599
Prairie Community Services  (320)589-3077(320)594-3077
Tender Hearts Home Care  (877)362-9784(218)385-3466

POISON CONTROL CENTER  (800)222-1222  www.mnpoison.org

POLICE DEPARTMENTS
Bertha  (218)924-2100
Browerville (Todd County Sheriffs Dept)  (320)732-2157
Burtrum (Todd County Sheriffs Dept)  (320)732-2157
Clarissa  (218)756-2133
Eagle Bend  (218)738-3492
Grey Eagle (Todd County Sheriffs Dept)  (320)732-2157
Long Prairie  (320)732-2156
Staples  (218)894-1841

PREGNANCY: INFORMATION & TESTING
Birthright  (800)550-4900  www.birthright.org
Caritas  (320)252-1280  www.ccstcloud.org
Choices: Education Now and Babies Later ENABL  (218)894-2439  www.fed.k12.mn.us
MDH Maternal and Child Health  (651)201-3760  www.dhs.state.mn.us
Planned Parenthood  www.plannedparenthood.org
Alexandria  (320)762-0766
Brainerd  (218)829-1469
St. Cloud  (320)252-9504
RESOLVE(Infertility Support Group)  (320)846-1124(320)763-4650
Todd County Health and Human Services  (888)838-4066(320)732-4500  www.co.todd.mn.us
PREMENSTRUAL SYNDROME
PMS Access - Woman's Health American (800)222-4767 www.womenshealth.com

PRENATAL CLASSES
CHECK WITH YOUR LOCAL HOSPITALS

RABIES
Epidemiologist - St. Cloud (320)255-4216 www.health.state.mn.us

RECYCLING
Todd County Solid Waste (320)594-2210 www.co.todd.mn.us

RED CROSS
(800)560-7641 (320)251-7641 www.cenmnredcross.org

RESIDENTIAL CARE AND HOME CARE AGENCIES
See Assisted Living/Home Care/Adult Foster Care www.co.todd.mn.us
Contact Todd County Health and Human Services for Services
1-320-732-4500 1-888-4066

RESPITE AND CAREGIVER SUPPORT
Lutheran Social Service (800)488-4146 www.lssmn.org

REYE’S SYNDROME
National Reye’s Syndrome Foundation (800)233-7393 www.reyessyndrome.org

RX CONNECT
(800)333-2433
Help with prescription payment for those who qualify

SAFETY
Health and Safety Information on Household Products
Minnesota Safety Council (800)444-9150 (651)291-9150 www.mn SAFETY council.org
National Child Safety Council - Childwatch (800)222-1464 www.nationalchild SAFETY council.org
Northern Safety and Security (877)751-3902

SALVATION ARMY
St. Cloud Office (320)252-4552 www.salarmy.org
Todd County –Sheriff’s Dept (800)794-5733 (320)732-2157 www.co.todd.mn.us

SCHOOLS
Bertha - Hewitt (218)924-2500 www.bertha-hewitt.k12.mn.us
Browerville - Christ the King (320)594-6114 www.rc.net/stcloud/ctk
Browerville - Public (320)594-2272 www.browerville.k12.mn.us
Eagle Valley Public School/Clarissa (218)756-3631 www.evps.k12.mn.us
Freshwater Education District (800)450-0540 (218)894-2439 www.fed.k12.mn.us
Long Prairie Area Learning Center (320)732-6638 www.lpge.k12.mn.us
Long Prairie - Grey Eagle High School (320)732-2194 www.lpge.k12.mn.us
Long Prairie Head Start Center (320)732-6986 www.tccaction.com
Long Prairie Public Elementary (320)732-2194 www.lpge.k12.mn.us
Long Prairie - St. Mary's Catholic (320)732-3478
Staples Area Learning Center (218)894-2501 www.fed.k12.mn.us
Staples Head Start Center (218)894-3020 www.tccaction.com
Staples - Motley Public School (218)352-6315 www.isd2170.k12.mn.us
Staples North Elementary (218)894-2433 www.isd2170.k12.mn.us

SCHOOLS - CONT
Staples - Sacred Heart Catholic (218)894-2077 www.sacredheartareaschool.org
Staples - Technical College (800)247-6836 www.clcmn.edu

SECOND HAND STORES
Bargain Barn - Long Prairie (320)732-4162
Thread Shed - Browerville (320)594-6456
Thread Shed - Staples (218)895-5023

SENIOR LINKAGE LINE (800)333-2433 www.cmcoa.org

SENIOR CITIZENS
AARP (888)687-2277 www.aarp.org
Mahube Coummunity Council (218)847-1385 adallmann@mahube.org
MN Board on Aging (651)431-2500
MN Safety Council (Defensive Driving) (800)444-9150 www.minnesotasafetycouncil.org
Retired Senior Volunteer Program (218)385-2900 www.otwcac.org
Senior Linkage Line (800)333-2433
Todd County Aging Coordinator (218)894-3983 www.co.todd.mn.us

Todd County Centers
Bertha (218)924-4150
Clarissa (218)756-2403
Eagle Bend (218)738-4152
Grey Eagle (320)285-4481
Hewitt (218)924-4130
Long Prairie (320)732-2282
Staples (218)894-2556

Tri -County Community Action Program
Brainerd (218)829-2410
Little Falls (320)632-3691

SENIOR COMPANION PROGRAM
Eagles Crossing (612)578-0950(320)285-3128
Lutheran Social Service (888)205-3770
Todd County (888)838-4066(320)732-4500 www.co.todd.mn.us

SEXUALLY TRANSMITTED DISEASE
Minnesota Family Planning & STD Hotline (800)783-2287
Planned Parenthood www.plannedparenthood.org
Alexandria (320)762-0766
Brainerd (218)829-1469
St. Cloud (320)252-9504

SMOKING CESSION
Minnesota Free and Clear (877)270-7867

SOCIAL SECURITY INFORMATION (800)772-1213 www.socialsecurity.gov
Alexandria Office (320)762-2454

SPINA BIFIDA
Spina Bifida Association (202)944-3285
Spina Bifida Support Group(Contact Person) (218)631-2652
STATE BOARD OF MEDICAL PRACTICE (612)617-2130 www.bmp.state.mn.us

STROKE
American Stroke Association (800)553-6321 www.strokeassn.org
National Aphasia Association (800)922-4622 www.apasia.org

SUDDEN INFANT DEATH SYNDROME
Minnesota Sudden Infant Death Center (800)732-3812 www.childrensmn.org/sidcenter
First Candle (800)221-7437 www.firstcandle.org

SUICIDE PREVENTION
Crisis Support Line (Press 1 for Vets) (800)273-8255
Mental Health Crisis Line (800)462-5525
National Hope Line (800)784-2433

TODD COUNTY DEVELOPMENT CORP (320)732-2128 www.co.todd.mn.us

TODD COUNTY HEALTH AND HUMAN SERVICES
Todd County Health and Human Services (888)838-4066/(320)732-4500 www.co.todd.mn.us
Includes Home Health Care, Home Health Aides & Homemaker Program, Health Education, Child and Teen Checkups, Immunizations, WIC, School Health, Health Promotion, Long Term Care Consultation and Coordination Environmental Health and Maternal Child Health

Todd County Social Services (888)838-4066/(320)732-4500
Includes Services for adoption, chore and homemaking service, counseling, developmental achievement service, day care certification, foster care licensing, foster care, child protection, mental health, vulnerable adults, money management, financial assistance, chemical dependency, food stamps, and housing rehab and loans.

TRANSPORTATION
Emergency Transportation for Battered Women and Detoxification Center (320)732-2157 (888)838-4066 - 911
Care Cab (800)772-4227 www.caretransportation.com
Care Van-Lakewood Health System (218)894-8331 (800)525-8344 www.lakewoodhealthsystem.com
Friendly Rider – Wadena (888)773-5500
Home Instead (218)824-0077 www.homeinstead.com
Lutheran Social Service (800)488-4146 (218)233-7521 www.lssmn.org
People’s Express (800)450-0123 www.peoplesexpress.com
Rainbow Rider (800)450-7770
Todd County Senior Volunteer Transportation Program (218)894-6300 (320)732-4500 www.co.todd.mn.us
Todd County Veterans Van Service (320)732-4418 www.co.todd.mn.us

VETERANS SERVICES
Department of Veterans Affairs (800)827-1000 www.va.gov
LSS Core Program (888)881-8261
MAC-V: Services for Veterans (612)726-1327 www.mac-v.org
Military One Source (800)342-9647
Northern Pines Veterans Contact (320)632-6647 Ext 151 (320)232-9101
Todd County (320)732-4418 www.co.todd.mn.us
Veterans Linkage Line (888)546-5838 www.mnbar.org/willsforheroes

VISION
American Council for the Blind (800)424-8666
American Foundation for the Blind (800)232-5463 www.afb.org
VISION- CONT
State Services for the Blind (800)652-9000 www.mnsssb.org
Check with your local Lions Club
Contact your local Optometrist, Ophthalmologist

VOLUNTEER SERVICES
Foster Grandparent Program (Catholic Charities) (866)895-7992 www.ccstcloud.org/FGP/
Kinship of Todd/Morrison County (218)894-2799 www.kinship.com
Lutheran Social Service – Senior Companion (888)205-3770 www.mnseniorcorps.org
MAVA MN Assn Volunteer Administration (652)255-0469
RSVP Retired Senior Volunteer Program (218)847-1385 adallmann@mahube.org
Todd County Council on Aging (Verna Toenyan) (218)894-6300
Todd County Senior Companion Site (800)-953-4440 (320)732-4440 www.co.todd.mn.us
Volunteers Working Together (218)631-3510

WATER TESTING
DHIA Laboratory - Sauk Centre (800)369-2697(320)352-2028
Todd County Health and Human Services - Testing Kits (888)838-4066320)732-4500 www.co.todd.mn.us
Tri - County Hospital - Wadena Ext.274 (218)631-3510 Ext.274

WEIGHT CONTROL
Dietitian Nutrition Counseling (218)894-1033
Gastric Bypass/Weight Loss Support Group (320)762-0605
T.O.P.S. (414)482-4620 www.tops.org
Weight Watchers (800)888-3546 www.weightwatchers.com

WIC
Women's, Infants and Children's Nutrition Program (320)732-4456(800)953-4440 www.co.todd.mn.us

WORKERS COMPENSATION (800)342-5354